Product Catalog 2021



Finch Products **Seeds and Grains**



Amaranth Grain

A fibre rich grain that is similar to rice and can be prepared in the same way or used to make porridge.

Country of origin - India 150g, 12 /case



Basil Seeds (Kasa Kasa / Sabja Seeds)

Aka Sabja Seeds, Kasa Kasa -Basil seeds have a long history of use in Ayurvedic & Chinese medicine.

Country of origin - India 150g, 12 /case



Black Chia Seeds

A powerhouse of nutrients, packed full of protein and fibre. Great for vegan baking.

Country of origin - India 150g, 12 /case



Cumin Seeds

Indispensible for making authentic chutneys, pickles, spice powders, curry pastes and to obtain superior flavour.

Country of origin - India 100g, 12 /case



Fennel Seeds

Has a delicate flavour, light and sweet, similar to anise, often used in traditional medicine as a tea to help aid digestion issues.

Country of origin - India 100g, 12 /case



Fenugreek (Methi) Seeds

Traditionally used in herbal medicine, a common ingredient in Indian dishes and can also be used as a supplement.

Country of origin - India 100q, 12 /case



Whole Coriander Seeds (Koththamalli)

Use these tip-top coriander seeds to create countless beautiful vegetable dishes, soups, curries, stir fries and more.

Country of origin - Morocco 100q, 12 /case



Mustard Seeds

Helps to create spicy, strongly flavoured condiments of real distinction, including salad dressings, marinades and hot sauces.

Country of origin - India 100g, 12 /case



Finch Products **Seeds and Grains**



Nigella Seeds (BLACK / Kalonji)

Nigella seeds have a mild, nutty onion flavor, and they are used as a condiment in India and the Middle East.

Country of origin - India 150g, 12 /case



Organic Quinoa Grain

A fantastic grain that is rich in protein and high in fibre making it the perfect ingredient for anyone on a vegan diet.

Country of origin - India 150g, 12 /case



Psyllium Husk (Ispaghula)

A great source of fibre and can be added to smoothies, etc. Can be used in bread making to bind ingredients together.

Country of origin - India 100g, 12 /case



Raw Brown Flax Seeds

For a major boost of omega-3 fatty acids and fiber, these brown flax seeds are the way to go.

Country of origin - India 150g, 12 /case



Raw Pumpkin Seeds

Pumpkin seeds are nourishing and versatile. Enjoy snacking on or topping breakfast bowls.

Country of origin - China 100q, 12 /case



Raw Sunflower Seeds

Sunflower seeds are a very tasty and lightly nutty seed – packed with nutrition

Country of origin - China 100g, 12 /case



Sesame Seeds -Black

Has a unique flavour and very pleasing crunch. This makes them perfect for sprinkling on any meal or snack.

Country of origin - Sri Lanka 150g, 12 /case



Sesame Seeds - White

White sesame seeds are great for Asian inspired cuisine, sprinkled on salads and stir fries or even your morning oats.







Amla Powder

Ground Amla Powder with a tart & tangy taste which has had Ayurvedic uses for centuries. Rich in vitamins & minerals.

Country of origin - Sri Lanka 75g, 12 /case



Basil Leaves

Our dried basil is nothing more than pure, extra-fancy grade, Egyptian basil leaves.

Country of origin - Turkey 20g, 12 /case



Bay Leaf

Pure and premium Hand Select Grade true bay laurel leaves (Laurus nobilis).

Country of origin - Turkey 10q, 12 /case



Beetroot Powder

Beetroot powder is delicious added to smoothies and fresh juices. It is also popular as a natural food colourant in baking.

Country of origin - Sri Lanka 50g, 12 /case



Black Pepper Powder

Finely ground, pure black peppercorns, ready for sprinkling on or into all your most cherished recipes.

Country of origin - Sri Lanka 50g, 12 /case



Cardamom Powder

Finch Cardamom Powder smells divine, looks beautiful, and presents a wealth of opportunities to you in the kitchen.







Cinnamon Powder

Nothing but pure ground Ceylon cinnamon. It is a great addition to both sweet and savoury dishes.

Country of origin - Sri Lanka 35g, 12 /case



Cloves Powder

Pure ground cloves - will make your curry powders much more dynamic and much easier to create too.

Country of origin - Sri Lanka 50g, 12 /case



Curry Leaves Powder

Ground Curry leaves - perfect for enlivening humble vegetable dishes, stir-fries, soups and stews.

Country of origin - Sri Lanka 40g, 12 /case



Fenugreek Leaves

Fenugreek leaves, aka 'Methi', originate from the Middle East, playing a key role in many traditional indian dishes.

Country of origin - India 10g, 12 /case



Garlic Powder

Our Garlic Powder is nothing but pure, A-Grade garlic, dried and then ground into powder.

Country of origin - Sri Lanka 50q, 12 /case



Ginger Powder

Top-quality dried ginger with potent flavor that's warm, aromatic and spicy-sweet, yet earthy.







Gotukola Powder

Herb of longevity. Add a pinch to your favourite juices, smoothies, shakes & other cooking to reap the rewards.

Country of origin - Sri Lanka 40g, 12 /case



Himalayan Pink Salt

Salt mined from the Punjab region of Pakistan. The salt, which often has a pinkish tint due to trace minerals

Country of origin - Pakistan 100g, 12 /case



Himalayan Pink Salt Coarse

Salt mined from the Punjab region of Pakistan. The salt, which often has a pinkish tint due to trace minerals

Country of origin - Pakistan 100g, 12 /case



Kashmiri Chili Powder

Made from dried ground Kashmiri chiles that are rich wine red in color, shriveled appearance and not so spicy.

Country of origin - India 50g, 12 /case



Lemongrass Powder

Indispensable for making famous dishes like Green Thai Curry, and many more authentic cuisine.

Country of origin - Sri Lanka 40g, 12 /case



Mango Powder

Made from unripe, green mangoes often used in exotic Indian cuisine.







Moringa Powder

Made from ground moringa leaves. A fantastic superfood that can help to increase energy levels when consumed.

Country of origin - Sri Lanka 40g, 12 /case



Green Nai Miris

Nai Miris (unripe) flakes. Notoriously fiery, with an intense heat that will not go unnoticed in your recipes.

Country of origin - Sri Lanka 30g, 12 /case



Green Nai Miris Powder

Ground Nai Miris (unripe). Notoriously fiery, with an intense heat that will not go unnoticed in your recipes.

Country of origin - Sri Lanka 50g, 12 /case



Red Nai Miris flakes

Nai Miris (ripe) flakes. Notoriously fiery, with an intense heat that will not go unnoticed in your recipes.

Country of origin - Sri Lanka 30g, 12 /case



Red Nai Miris Powder

Ground Nai Miris (ripe). Notoriously fiery, with an intense heat that will not go unnoticed in your recipes.

Country of origin - Sri Lanka 50g, 12 /case



Nutmeg Powder

Pure, high-oil-content, ground nutmeg. Aromatic, subtly spicy-sweet, with distinctive flavor of real nutmeg.







Onion Powder

Nothing but pure onions. Straight from the bulb, then dried and powdered for your convenience.

Country of origin - Sri Lanka 50g, *12 /case*



Oregano Leaves

Top quality dried oregano to add power and depth to the flavour of Italian, Mediterranean, Middle Eastern cuisine.

Country of origin - Turkey 20g, 12 /case



Rosemary Leaves

Pure, whole, Rosemary leaves. Pungent, herbaceous, fresh, earthy taste and aroma with pine-like notes.

Country of origin - Turkey 20g 12 /case



Sarsaparilla Root Powder

Ground Sarsaparilla root that works as a body coolant. Also known as Iramusu or Nannari.

Country of origin - Sri Lanka 50g, 12 /case



Saffron

Pure, Spanish saffron threads are renowned for their unique, pungent flavor and difficulty of production.

Country of origin - Spain 1g, 12 /case



Thyme Leaves

Nothing but pure, fancy grade, thyme leaves. So much flavor from such an understated herb.

Country of origin - Turkey 20g 12 /case







Turmeric Powder

Ground Turmeric root has a deep golden-yellow color and a distinctive, pungent aroma.

Country of origin - Sri Lanka 50g, 12 /case



Paprika

Nothing but pure ground paprika. Warm, mildly tangy, with subtle notes of tomato and just a hint of sweetness.

Country of origin - Hungary 50g 12 /case



Vanila Powder

Made by grinding the whole vanilla bean down into a powder. This is what real vanilla is all about. Nothing added.

Country of origin - Sri Lanka 10g, 12 /case



White Pepper Powder

Finely ground, pure white peppercorns, ready for sprinkling on or into all your most cherished recipes.

Country of origin - Sri Lanka 50g, 12 /case



Star Anise Whole

Has a strong liquorice flavour with warm, sweet notes. Indispensable in Asian cuisine, ideal for seasoning meats and to flavor broths and braised meats.







Ashwagandha Powder

Made from the root of the Rennet plant, traced back almost 3000 years, and was used as a traditional indian medicine.

Country of origin - India 50g, 12 /case



Marjoram

The flavor is warm, spicy, herbal, and a tad bitter the way oregano is, but a bit sweeter with a mystery of mint to it.

Country of origin - Egypt 30g, 12 /case



Parsley Flakes

Fresh, green-leafy taste and vibrant color dried parsley. Finch only uses superior-flavored flat leaf parsley.

Country of origin - Turkey 10g, 12 /case



Herbs de province

Adds a Southern France flair to all types of meats and vegetables with its aromatic blend of herbs.

Country of origin - Turkey 20g, 12 /case



Tarragon leaves

The warm, delicate flavor is popular in many cuisines, particularly French. Use aromatic tarragon to enhance flavor.

Country of origin - Russia 15q, 12 /case



Caraway Seeds

Caraway Seeds are great toasted to bring out the natural peppery and mild anise flavour with citrus undertones.

Country of origin - Finland 50g, 12 /case







Lemon Salt

Sea Salt blended with lemon zest to make your cooking truly formidible.

Country of origin - United Kingdom 100g, 12 /case



Lebanese Seven Spices Mix

A spice mix that's bursting with flavor. Cinnamon, Nutmeg, Ginger, Coriander, All spice, Black pepper & Cloves.

Country of origin - Turkey 50g, 12 /case



Sumac Mix

A fantastic tabletop condiment, to be sprinkled on salads, baked chicken, hummus, boiled eggs to provide that extra zing.

Country of origin - Turkey 50g, 12 /case



Zaatar Mix

A blended mixture of selected spices, popular in the Middle East. Toasted sesame seeds, Thyme, Sumac & Salt

Country of origin - Turkey 50g, 12 /case



Cayenne Chili powder

Finch Cayenne Pepper contains nothing but pure ground cayenne peppers. Rich, earthy color. Drool-worthy aroma.

Country of origin - India 50q, 12 /case



Butterfly Pea Powder

Made from Natural Butterfly Pea Flower. It is one of the best natural blue pigments for beverages and food.



Finch Products



Virgin Coconut Oil

Produced from the kernnel of mature coconuts harvested from the coconut palm using traditional methods of production, retaining all the health benefits.

Country of origin - Sri Lanka 750ml , 6/case



White Coconut Oil

Pure edible grade oil that does not go through any chemical refining process, thus allowing it to retain its natural flavor, aroma and original fatty acid composition.

Country of origin - Sri Lanka 5L



Sri Lankan Hot Sauce

Set your tastebuds ablaze with the one and only Sri Lankan Hot Sauce - a tantalizingly spicy sauce containing a unique blend of exotic spices native to Asia and South Asia.

375ml 12 / carton



Pomegranate Sauce (Molasses)

Deliciously tangy Pomegranate Sauce (Molasses) made using premium quality ingredients. It is a condiment frequently used in various cuisines: European to Asian. Middle Eastern. and more.

250g / 6 bars 12 / carton



Forest Bee Honey

Gathered from wild bees deep in the forests of the north-central province of Sri Lanka. 100% raw, natural and pure.

Country of origin - Sri Lanka 350g , 4/case



Passion Fruit Bars

A thin buttery crust on the outside, a fresh, flavourful, and fruitylicious filling on the inside! Our healthy, premium-quality Passion Bars serve as ideal hunger busters and pre-workout snacks.

250g / 6 bars 12 / carton



Glazed Cashews Sesame & Kithul

Our Sesame Kithul cashews are glazed with pure Sri Lankan Kithul treacle and coated in sesame seeds.

Country of origin - Sri Lanka 250g, 75g, 12 /case



Roasted Cashews Nai Miris

Fresh, roasted cashews dusted in a spicy layer of Nai Miris (Cobra Chilli) powder, guaranteed to set your tastebuds alight.





Finch Products Flours, Flakes and Grains



Premium Almond Flakes

Perfect for getting that added crunch into your cakes, pastries and pies or just enjoy them as a snack.

Country of origin - USA 500g, 100g, 12 /case



Premium Almond Flour

Made from the highest quality blanched whole almonds and is produced by grinding the almonds into a flour.

Country of origin - USA 500g, 100g, 12 /case



Mung Bean Flour

Made of finely ground mung beans. This gluten-free flour can be used like any other type of flour.

Country of origin - Sri Lanka 500g, 12 /case



Cassava Flour

Made from the whole root of the cassava plant, has a mild flavor & fine texture that is a perfect gluten free option.

Country of origin - Sri Lanka 500g, 12 /case



Purple Yam flour (Ube/Rasavalli)

An earthly, healthy and delicious food. 100% Natural - purple colored starch made from the meat of purple yams.

Country of origin - Sri Lanka 250g,500g, 12 /case



Sweet potato flour

A super-food that serves as an excellent flour alternative. It is delicious for both sweet and savory meals.





Finch Products Flours, Flakes and Grains



Raw Buckwheat

Despite its name, raw buckwheat is not actually wheat at all. It can be enjoyed in place of other grains such as rice, couscous.

Country of origin - India 500g, 12 /case



Buckwheat Flour

Made from 100% whole grain buckwheat groats. Naturally gluten free.

Country of origin - India 500g, 12 /case



Desi Chickpea Flour

Also known as gram flour, is made from ground chickpeas, A popular ingredient for gluten free baking.

Country of origin - India 500a. 12 /case



Organic Coconut Flour

Made from 100% coconut meat, which is the inner white lining of a coconut. A fantastic baking ingredient.

Country of origin - Sri Lanka 500a. 12 /case



Broken Wheat

Highest quality of whole wheat grains. They are small, broken and heavy grains.

Country of origin - India 500g, 12 /case



Potato flour

Attracts & holds water, producing moist yeast bread with an excellent shelf life. Use as a thickener for smoother sauces.

Country of origin - Sri Lanka 500g, 100g, 12 /case



Flaxseed Meal

Has a mild, nutty flavor & contains a wealth of omega-3 fatty acids. Add it to smoothies, cereals, & baked goods.

Country of origin - India 500g, 100g, 12 /case



Finch Products **Nuts**



California Almonds - Raw

These premium-quality
American almonds are fresh,
healthy and are high in fibre,
protein and nutrients.

Country of origin - USA 500g, 75g, 12 /case



California Almonds Blanched

Our Blanched Almonds are versatile for use in cooking & baking, from dessert making to creating sweet & savoury snacks.

Country of origin - USA 500g, 75g, 12 /case



Premium Almond Flakes

Our blanched flaked almonds are perfect for getting that added crunch into your cakes, pastries and pies.

Country of origin - USA 500g, 75g, 12 /case



Pecan Nut Halves

These fresh, premium-quality pecan nut halves are perfect in both sweet and savoury baking.

Country of origin - USA 250g, 75g, 12 /case



Pistachio Nuts In-Shell (Salted)

Californian Pistachios with a unique delicious naturally salty flavour, can be eaten alone or added to recipies.

Country of origin - USA 500g, 75g, 12 /case



Pistachio Nuts, Raw - No Shell

Our fresh premium quality shelled pistachios are a healthy, nutrient-rich snack that you can eat anytime, anywhere.

Country of origin - USA 250g, 75g, 12 /case



Raw Brazil Nuts

Premium quality Brazil Nuts, these highly nutritious nuts are energy-packed and benefit your health in numerous ways.

Country of origin - Brazil 250g, 75g, 12 /case



Raw Macadamia Nuts

Macadamia nuts are perfect for snacking on throughout the day & they are high in protein they will keep you fuller for longer.

Country of origin - South Africa 250g, 75g, 12 /case



Finch Products **Nuts**



Raw Pine Nuts (Pignolia)

These raw premium quality pine nuts have a delicate sweet and nutty flavor that complements many recipes.

Country of origin - China 250g, 75g, 12 /case



Roasted Cashews Chili (Devilled)

Fresh, roasted cashews salted and coated in a natural, spicy chilli mix.

Country of origin - Sri Lanka 400g, 75g, 12 /case



Glazed Cashews Sesame & Kithul

Our Sesame Kithul cashews are glazed with pure Sri Lankan Kithul treacle and coated in sesame seeds.

Country of origin - Sri Lanka 250g, 75g, 12 /case



Roasted Cashews Chili & Garlic

Fresh, roasted cashews dipped in a savoury layer of chili and garlic.

Country of origin - Sri Lanka 400g, 75g, 12 /case



Roasted Cashews Nai Miris

Fresh, roasted cashews dusted in a spicy layer of Nai Miris (Cobra Chilli) powder, guaranteed to set your tastebuds alight.

Country of origin - Sri Lanka 250g, 75g, 12 /case



Roasted Cashews Onion & Himalayan Salt

Fresh, roasted, salted cashews dusted with a tasty coat of onion powder & Himalayan salt.

Country of origin - Sri Lanka 250g, 75g, 12 /case



Roasted Hazelnuts

Blanched, gently roasted to lock in flavour. Deliciously creamy, naturally sweet flavour with a slight crunch.

Country of origin - Turkey 400g, 75g, 12/case



Walnut Halves

Our fresh, premium-quality Walnut halves are perfect for snacking on, adding to cakes or topping savoury meals.

Country of origin - USA 500g, 75g, 12 /case



Finch Products **Dried Fruits**



Dried Californian Cranberries

This delicious dried fruit has a distinctive taste perfect for snacks & exceptional for muffins, breads, & cereals.

Country of origin - USA 75g, 500g, 12 /case



Dried Goji Berries (Ningxia)

Packed with powerful antioxidants & known as the anti-aging fruit, goji berries are a darling of the superfood world.

Country of origin - China 75g , 250g, 12 /case



Dried Golden Raisins (Vitis Vinifera)

Our golden raisins are plump & juicy, a perfect snack for children. Add to baking for a delicious sweet treat.

Country of origin - Iran 75g,500g, 12/case



Dried Green Kiwi

Sweet, and slightly tangy dried kiwis. Enjoy them as a healthy snack or dip them in chocolate for a real treat.

Country of origin - Thailand 75g, 12 /case



Dried Highbush Blueberries

Packed with antioxidants & vitamins for a healthy treat. Delicious addition to salads & perfect for snacking on.

Country of origin - USA 250g, 75g, 12 /case



Dried Jujubes (Chinese Red Dates)

AKA Chinese dates - delicious date-like taste, toss into a trail mix or on their own as a quick bite-sized snack.

Country of origin - China 75g, 250g, 12/case



Dried Jumbo Golden Raisins

Our Jumbo raisins from USA are plump & juicy, a perfect snack for children. Add to baking for a delicious sweet treat.

Country of origin - USA 75g, 400g, 12 /case



Dried Jumbo Prunes with Pits

Dried plums/prunes are a great source of dietary fibre and a delicious go-to snack throughout the day.

Country of origin - USA 75g, 400g 12 /case



Finch Products **Dried Fruits**



Dried Mango Slices

Tropical sweet real mangoes anytime & anywhere. Try these dried mangoes as a snack or as part of a dessert.

Country of origin -Thailand 75g,400g, 12 /case



Dried Premium Pitted Prunes

Dried plums/prunes are a great source of dietary fibre and a delicious go-to snack throughout the day.

Country of origin - USA 75g, 400g, 12/case



Dried Premium Strawberries

Use our dried strawberries as a snack or to make fruit compote, smoothies and fruit-filled muffins.

Country of origin - Thailand 75g, 400g, 12 /case



Dried Red Sweet Cherries

Dried cherries are a sweet and flavorful treat that is great for snacking, cooking, and baking.

Country of origin - Turkey 75g, 12 /case



Dried Turkish Apricots

These extra-large apricots aren't just mammoth in size, but big on flavour, juiciness and formidable nutrition.

Country of origin -Turkey 75g, 400g, 12 /case



Dried Turkish Figs

Our dried figs are deliciously sweet and juicy and a great snack for when you have a sweet tooth.

Country of origin - Turkey 75a . 500a. 12 /case



Dried Yellow Peach

Dried peaches are moist, delicious & full of potassium, which will enliven any pudding, porridge, cereal or snack.

Country of origin -China 75g,400g, 12 /case

