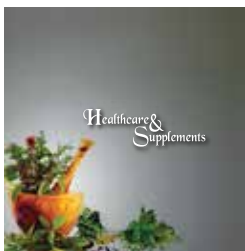


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Aberdeen Holdings (Pvt) Ltd.

The Aberdeen Group's businesses span the globe – from Airlines, Health Care, Corrugated Cartons, Commodity Trading, Solar Energy Solutions, Recycling & Waste Management, Food & Beverages to Real Estate Services.

We are proud of being a private, family owned group of business with a strong code of ethics that revolves around integrity, transparency and personal service.

Our combined experience and expertise make us industry leaders, as demonstrated by our list of blue chip clients. And every company within the group is committed to the founders' ethos of excellence which is never compromised.

Our Mission is to make our stakeholders successful.

Your success is our success. We couldn't do it without you so we work hard to build a strong working relationship with all our customers, stakeholders and suppliers.

You can rely on us for top quality products, and our friendly and dedicated workforce are committed to delivering an excellent customer service.



Baraka



Healthy Life, Daily

Bio Extracts (Pvt) Ltd. is a subsidiary of Aberdeen Holdings and manufactures the BARAKA range of Black Seed Herbal Products, Virgin Coconut oil and Essential oils. The 20,000 sq. ft. state of the art production facility which is situated in Ratmalana conforms to the highest quality standards. It is **GMP, HACCP, ISO 22000, ISO 14001 & Fair Choice** certified and the products are **HALAL, KOSHER, USDA, EU & JAS ORGANIC** certified.

All BARAKA products have been registered and approved by the Ministry of Indigenous Medicine. Bio Extracts is a pioneering leader that has brought together age old herbal remedy & modern technology to produce a range of herbal products using Black seed as the common active ingredient. Being pioneers in many formulations & presentations of Black Seed Products, our No. 1 status in the world for Quality & Efficacy has been endorsed by millions of satisfied users across the world. Bio Extracts which has won Presidential Export Awards supplies more than 30 countries around the world covering America, Africa, Europe, Middle East, Russia and Asia and has earned a high reputation worldwide for their Indigenous and Ayurveda medical products.

The company is also equipped with in house laboratory facilities and has the capability to issue certificate of analysis and lab reports. Research & Development of new herbal formulations is an area Bio Extracts is constantly working on and periodically reviews its products that are already in the market. We work closely with medical consultants in many areas and make use the expertise & facilities of the Institute of Indigenous Medicine, University of Colombo, Rajagiriya, Sri Lanka.

Apart from the proprietary BARAKA brand we also offer private labeling to many international and local clients. Being equipped with state of the art Soft-Gel and Hard-Gel manufacturing units, Tableting, Blister Packing, Automated Counting, Liquid & Cream Filling and Finishing lines, has made us a trusted partner in Contract Manufacturing.

Bio Extracts participates in many international trade exhibitions annually. GULFOOD (DUBAI), ANUGA (GERMANY), BIO FACH (GERMANY), MIHAS (MALAYSIA) and FOODEX (JAPAN) are a selected few of them.

Sri Lanka



The 'Pearl of the Indian Ocean' as popularly known, Sri Lanka is an Island with a diverse history dating around 3000 years. Lying East to the Southern tip of the Indian Sub Continent is spread over an area of 66,000 sq. Kms. Its rich tropical plantations, fauna and flora, and its rare precious stones were the eye of many a traveler from the West and the East for over 1000 years. Most of the land is flat, and rolling mountains in the Central Region rise to over 8000 ft (2438M).

The tropical climates give rise to a rich medicinal herbal expanse and the holistic approach to healthcare that was practiced for over a 1000 years, till today is a popular healthcare remedy. State run Ayurvedic Medical Colleges provide training and qualifications for Ayurvedic Physicians and are governed by the Ayurvedic Medical Authority.

JOURNEY OF ACHIEVEMENTS



AWARDS

- | | |
|--|--|
| • Presidential Export | - Award - 2005, 2006, 2011, 2012, 2016 |
| • “Soorya Sinha” | - Award - 2007, 2008 |
| • National Agribusiness | - Award - 2007, 2008, 2009 |
| • CNCI Achiever of Industrial Excellence | - Award - 2007, 2008, 2009, 2010 |
| • NCE Export | - Award - 2005, 2006, 2007, 2010 |
| • NCCSL National Business Excellence | - Award - 2006, 2007, 2008, 2009, 2010, 2013 |

CERTIFICATIONS & ACCREDITATIONS

- | | |
|----------------------------------|---|
| • GMP Certification | • USFDA Compliant (12347721258) |
| • HACCP Certification | • EU Organic Certification |
| • ISO 22000 Certification | • Fair Choice People and Planet Certification |
| • ISO 14001 Certification | • Control Union Certification - JAS |
| • USDA-NOP Organic Certification | • HALAAL Certification |
| • KOSHER Certification | |

MEMBERSHIP

- Registered under Coconut Development Authority

Black Seed Miracle

Black Seed has a history of over 2500 years and known as the seed of blessing. This makes Black Seed one of the safest plant extracts for human consumption. Black Seed is an adaptogen which means an agent causing adaptive reactions. Black Seed has the ability to increase the resistance of the human body, protecting it against various diseases. Clinical trials have shown that Black Seed Oil controls Blood Sugar & Cholesterol apart from many other diseases and is considered to be one of the greatest healing herbs of all times.

The botanical name for Black Seed is *Nigella sativa*. Majority of traditional Ayurvedic formulas contain Black seed as an ingredient which signifies its efficiency as a medical herb. Black Seed is also known as among many other terms as Black Cumin, Black Caraway, & has many other names as well.

Nigella sativa has been used for centuries, both as a herb and pressed into oil, by people in Asia, Middle East, and Africa for medicinal purposes. It has been traditionally used for a variety of conditions and treatments related to respiratory health, stomach and intestinal health, kidney and liver function, circulatory and immune system, and for general overall well-being.

Black Seed is used in perfumery, especially in soaps, and as a spice in cakes, breads, pastries, confectionery, sauces, cheese, etc. The fatty oil obtained by the expression of seeds is used for edible purposes. The oil is semi drying and is of reddish brown in colour. They are also used as a stabilizing agent for edible fats. Locally the oil is used as an anaesthetic.

Preliminary clinical trials indicate its possible therapeutic use in some conditions of cough and bronchial asthma. Clinical trials also indicate its use in controlling of Blood Sugar & Cholesterol.

The seeds of *Nigella sativa* are considered carminative, stimulant, diuretic, emmenagogue, galactagogue, and are used in the treatment of mild cases of puerperal fever. They are externally applied for eruptions of skin. Extract of the seeds show antibacterial and anti fungal activities.



Healthcare & Supplements



Black Seed Oil & Capsules

Black Seed Oil

Multi Purpose Herbal Oil

Black seed oil (*Nigella sativa*) is multi-purpose oil which is being used for centuries for its effectiveness in many ailments. Its efficacy has been proven through experience and by scientific research. This oil can be used both externally and internally. Internally it is mainly used for aches and pains, inflammatory conditions, and as an immune enhancer. Externally it is used for headache, toothache, premature graying of hair, etc. It helps control cough and asthma, Cystic fibrosis, Diabetes, Diarrheal disease, Eye disease, impaired paralysis, flu, nasal congestion & kidney stones



Black Seed +

Black seed powder capsules

Helps Strengthen The Immune System

Black seed powder (*Nigella sativa*) provides the overall sustenance of the seed. Analysis of black seed has revealed a wide and diverse variety of chemical constituents such as Omega 3 fatty acids, essential oils, proteins, and vitamins. Black seed has the ability to cause adaptive reactions (black seed is an adaptogen), thereby protecting the body against various diseases.

Black Seed Oil Capsules

General Health Supplement

Black Seed Oil is an ancient natural Superfood containing Omega 3, 6 and 9 Essential Fatty Acids. Over the last 2000 years it has been used to promote Youthful Radiant skin, and assists in the reduction of Allergies, Joint and Gastric Inflammatory conditions.

Black Seed Oil capsules will help you to achieve ultimate energy, health and well being.



Healthcare & Supplements



Diabsol Advanced

Black seed oil with Fenugreek oil capsules

Helps Manage Diabetes

Clinical trials have shown that Baraka Black Seed Oil controls Blood Sugar. Daily use will not only regulate the Blood Sugar Level but also provide the body with the Vitamins, Proteins & Minerals.

Fenugreek is a good source of minerals like copper, potassium, calcium, manganese, iron, and magnesium.

The active components in fenugreek such as trigonelline, nicotinic acid and coumarin involve in lowering blood glucose level.

Also, the amino acid 4-hydroxyisoleucine in fenugreek causes direct pancreatic β -cell stimulation which leads to insulin secretion.

Garlichol Advanced

Garlic & Karapincha oils with Black seed oil capsules

Helps to Regulate Blood Cholesterol Naturally

Baraka Garlichol Advanced is a natural remedy for the control of high blood cholesterol. Contains Garlic & Karapincha (*Murraya koenigii*) oils with black seed oil.

Garlichol Advanced synergizes the effects to reduce high cholesterol levels. Garlic oil also aids in reducing the viscosity of the blood. Black seed possesses a number of biological components improving the integrity of action. Garlic oil and black seed oil are both immuno-potent herbs providing all round protection to the body.

Garlic is used for many conditions related to the heart and blood system, such as High blood pressure, high cholesterol, heart diseases, heart attack.



Jointsafe

Natural Glucosamine with Black seed oil capsules

Helps to Support Healthy Joints & Cartilage

Baraka Jointsafe is a natural remedy for the relief of joint pain. Makes coping with joint pain easier. Contains Glucosamine Sulphate and Black seed oil. Black seed oil synergizes the effects of Glucosamine aiding in the relief of stiffness, improved flexibility and mobility. Glucosamine helps build bone and cartilage and prevents damage due to constant use and aging. Black seed is a potent immunomodulator for all round protection of the body.

Healthcare & Supplements



Slimexol

Virgin Coconut oil with Black seed oil capsules

Helps to Reduce Weight & Proper Weight Management

Baraka Slimexol, a combination of pure natural virgin coconut oil (*Cocos nucifera*) with black seed oil (*Nigella sativa*). It helps to reduce body weight hence promotes proper weight management and also improves digestion. Virgin coconut oil in Slimexol helps to increase body's metabolism. Black seed oil strengthens the immune system and synergizes the effect of virgin coconut oil.

Memo +

Lunuwila with Black seed capsules

Helps Mental Sharpness and Emotional Well Being

Lunuwila/Brahmi (*Bacopa monniera*) has been used prominently all over the world to help benefit as a brain tonic. It helps in areas of memory span, concentration, and controlling stress induced anxiety. Baraka Memo + the combination of Lunuwila and black seed provide vitamins and minerals and further helps to improve concentration, learning and memory.



Codseas

Codliver oil with Black seed oil capsules

Helps improve Eyesight and Healthy Bones & Teeth

Baraka Codseas is a rich source of Omega-3, vitamin A and D. Black seed oil will help in the absorption of these Vitamins and minerals into the body. This combination helps to maintain healthy bones, teeth, and healthy eyesight. Codliver oil in Codseas, support to maintain cardiovascular health.



Gastricare

Ash plantain with Liquorice powder capsules

Relieves Discomfort Due to Gastric Irritation

Gastricare is a combination of Ash plantain powder and Liquorice powder, two ingredients which have been used to relieve gastric irritation in Ayurvedic medical system. The drug will give a quick effect which is vital in any drug used for Gastric irritation.

Clear Alcer

Katurumurunga with Black seed capsules

Relieves Mouth Ulcers

Clear Alcer is a combination of Katurumurunga (*Sesbania grandiflora*) and Black seed (*Nigella sativa*). Katurumurunga is a highly nutritious herb and a good natural source of Vitamin A and B, Iron and calcium, thereby useful in deficient conditions. A remedy for mouth ulcer, anaemia, night blindness and promotes good vision. Useful in de-worming specially thread worms. Black seeds aid in the utilization of the combination and strengthen the immune system.



Rauvolfia +

Ekaweriya with Black seed capsules

Helps to Reduce Hypertension

Ekaweriya (*Rauvolfia serpentina*) plant is used medicinally in Ayurveda, Western medicine, Unani and Folk medicine. The root of this is used in the treatment of mild essential hypertension. Baraka Rauvolfia + capsules with black seed functions as a diuretic agent which is good for the control of high blood pressure.

Healthcare & Supplements



Virega +

Wellpenella & Amukkara with Black seed capsules

Helps Improve Sexual Performance

Virega + is a combination of Welpenella (*Cardiospermum halicababum*), Amukkara (*Withania somnifera*) and black seed (*Nigella sativa*). Welpenella and Amukkara have been traditionally used to enhance male virility for many years. It helps enhance stimulation and improves performance. Also helps to increase physical fitness. Amukkara is well known for its aphrodisiac properties on men. Welpenella is a well known herb for nerve strengthening and nerve diseases. Black seed aids in the utilization of the combination and strengthens the immune system.

Karapincha +

Karapincha with Black seed capsules

For Proper Digestive Function

Karapincha/Curry leaf (*Murraya koenigii*) is an extensively used traditional herb in Sri Lanka, which comprise many medicinal characteristics due to its Rasa, Guna, and Veerya. Karapincha increases appetite and relieves gastric disorders. The combination of both Karapincha and black seed enhance treatment regimen for many medical indications.



Gotukola +

Gotukola with Black seed capsules

Helps to Enhance Memory Power & Blood Circulation

Gotukola (*Centella asiatica*) also known as Indian Pennywort is being used in promoting longevity in Ayurvedic and Indigenous practices. It helps to improve psychological functions like mental peace, clarity, and memory power. Baraka Gotukola Plus capsule is recommended for daily use for both young and adults to help improve memory and skin complexion. Black seed is yet another herb which has a property of enhancing the body's immune system and provides vitamin and minerals for the body. Used to treat urinary tract infection, cholera, tuberculosis, also used for tonsils, liver disease.

Healthcare & Supplements



Cinnamon +

Strengthens the Immune System

Baraka Cinnamon capsules contain a mixture of cinnamon powder (*Cinnamomum ceylanicum*) with black seed powder (*Nigella sativa*). Cinnamon powder has been used frequently to control blood sugar levels and also as an anti-oxidant. Black seed powder (*Nigella sativa*) has the ability to synergize the effect of cinnamon. The mixture of both herbs will promote the total well being of an individual, reduces pain linked to arthritis & effective for menstrual pain and infertility.

Karawila +

Karawila with Black seed capsules

Helps to Support healthy Blood Sugar Level

Karawila (*Momordica charantia*) is also known as bitter Gourd/Bitter melon, is rich in vitamins and minerals. Bitter Melon helps in carbohydrates and sugar metabolism. Black seed (*Nigella sativa*) is yet another herb which is used for maintaining a healthy blood sugar level in addition to its property of enhancing body's Immune system.



Vinec

Vitamin E with Black seed oil capsules

For Healthy Hair, Skin & Nails

Baraka Vinec contains natural vitamin E and black seed oil (*Nigella sativa*). It does not contain any artificial chemicals. It helps to preserve your younger look while maintaining a clear healthy skin and healthy hair. It helps to improve your body's immune system. The unique blend of natural vitamin E with black seed oil makes immediate availability of vitamin E for better and faster results.



Actfast Balm

Fast Headache Relief

Actfast is a unique formulation enriched with black seed oil including different type of essential oils such as clove oil and cinnamon oil which are specialized in analgesic properties that helps to vitalize and invigorate while relieving the pain. It is a balm which provides a cooling sensation to relieve headaches fast and headaches associated with cold, flu, nasal congestion, sinus pressure, runny nose, sneezing, dizziness and fatigue.

Healthcare & Supplements



Joint Ease

Joint Pain Relief Oil

A joint pain relief oil for muscular and joint pains associated with arthritis. The oil is formulated with special herbal oils enriched with black seed oil, selected to bring soothing relief and ease to the joints. The essential oils contain help to clear obstructions and enhance the blood circulation around the effected tissue, muscles and joints. JointEase helps to reduce joint pains, arthritic pains and inflammation and stops and reduces joint damages.



Ashwa

For Soothing Relief of Cough & Cold

Baraka Ashwa inhaler capsules are specially formulated by using a combination of herbal extracts such as Black seed oil and volatile oils such as Eucalyptus oil, Terpeneol, Menthol, etc. This special formula relieves discomfort due to inflammation of tonsils and nose, sinusitis, and also ease colds and headaches.

Black Seed Balm

For Soothing Relief of Aches, Pains & Congestion

Baraka Herbal Balm is an external application prepared using a range of herbs and spices in the form of oil extracts. It will give relief from colds, contusions, influenza, sprains, catarrh, tonsillitis, excessive sneezing, excessive phlegm, irritation of nose, headache, joint pains, and toothache.



Black Seed Cream

Antifungal & Antibacterial Cream

Baraka Black seed cream which contains pure black seed extract (*Nigella sativa*) and clove oil (*Syzygium aromaticum*) can be used for acne, insect bites, burns and boils. Black seed extract which is collected during oil extraction is proven to have antifungal, antibacterial properties hence can be used to prevent infections due to cuts and wounds.

Personal Care



Personal Care



Footkio

Advance Foot Care

For Cracked Heels, Smoothens Rough Skin & Protects From Infections.

Baraka Footkio cream is enriched with Virgin coconut oil (*Cocos nucifera*), mace oil (*Myristica fragrans*) and black seed oil (*Nigella sativa*). This cream can heal crack marks, scaly and rough foot. It acts as a protective barrier cream and prevents infections. Therefore, it can also be used in dermatitis type conditions and fungal infections.

Hairmenn

Virgin coconut oil, Fenugreek, Black seed oil, Henna & Amla

Prevents Hair Loss & Greying

Baraka Hairmenn oil is a 100% natural premium formulation of Virgin coconut oil (*Cocos nucifera*) enriched with Fenugreek (*Trigonella foenum-graecum*), Black seed oil (*Nigella sativa*), Henna (*Lawsonia inermis*), and Amla (*Phyllanthus emblica*). Prevents premature hair loss, hair greying and keeps the hair conditioned, healthy and strong.



Moisturizing Cream

Keeps Your Skin Healthy & Fresh

The combination of Jojoba oil, Turmeric oil, Virgin coconut oil and Aloe Vera helps to maintain a healthy and a glowing skin. The components in Jojoba oil helps prevent acne and softens the skin, providing all day moisture and protection. It is exceptionally effective on dry skin and wrinkles (anti-wrinkles) and nourishes the skin giving a soft supple skin.

Turmeric oil is an excellent exfoliating agent and can help you defeat the signs of ageing.

The nutritional qualities and antioxidants present in Aloe Vera help to repair damaged skin such as sun burns & acne. It revitalizes and moisturizes the skin giving a younger appearance. Antioxidants including, beta carotene, vitamin C and E helps improve the skin's natural firmness and keep the skin hydrated and helps fight ageing.

The anti-oxidants present helps to smooth away wrinkles.



Lip Balm

Helps to heal cracked and chapped lips

Baraka lip balm is a luscious treat that soothes lips by the natural bees' wax which has entrapped bees' honey. The balm is rich in nourishing emollients such as virgin coconut oil, olive oil and castor oil while giving the fruity goodness with a punch of orange oil. Added Vitamin E oil helps to heal cracked and chapped lips.

Spa Oils

Calms & Sensuous

Baraka spa oils are blended with specially selected natural ingredients bringing a sense of wellbeing with an earthy aroma. The ingredients extracted from nature provide specific actions for good skin health. The bases of Virgin Coconut oil and Castor oil are excellent moisturizers while Neem and Black seed oil provide the antioxidants to relieve the harshness of the skin. Natural Peppermint oil and Sandalwood oil helps to revitalize and energize boosting mental relaxation and calmness which are ideal for a perfect ritual for holistic living.



Whitening Cream

Glow & Radiance

BARAKA Whitening cream is a unique skin cream with natural ingredients blended to provide a radiant glow and healthy complexion. The skin is highly permeable to the oils of Neem, Turmeric and Sandalwood which are combined to help reduce blemishes, dark spots, pigments and dullness. Virgin coconut oil is an excellent moisturizer to keep the skin soft, smooth and hydrated all day long.



Essential Oils & Cold Pressed Oils

Essential Oils & Cold-Pressed Oils

CARDAMOM OIL



- Helpful in relieving abdominal pains, spasm, and stomachache.
- Also helps in urine retention & act as an aphrodisiac.
- Used as an ingredient in soap, lotions, massage oils, body fragrance, and aromatherapy products.

CITRONELLA OIL



- Mainly used as an insect repellent for mosquitoes, black flies, fleas and ticks.
- Aromatherapy: possesses activating and warming qualities both physically and mentally.
- Used in the perfumery industry.

EUCALYPTUS OIL



- Used as an anti-bacterial, antifungal and antiseptic.
- Relieves bone and joint pains.
- Useful in respiratory system disorders such as cough, nasal congestion, etc

NUTMEG OIL



- Pain relief – useful in treating muscular and joint pain externally.
- Relieves menstrual cramps.
- Good for digestion and helps relieve stomachache.
- The aroma relaxes and comforts the whole body thereby relieves stress.

PEPPER OIL



- Used as an anti-rheumatic and anti-arthritis.
- Used for the relief in cases of cramps, muscle pulls, spasms, and convulsions etc.
- It has remarkable benefits on digestion.
- It is a mild purgative.
- It protects the body from damages done by free radicals by acting as an antioxidant.

CLOVE OIL



- It is a natural analgesic and antiseptic.
- Used in dental pain relief, mainly toothache.
- Used as a remedy for bronchitis, common cold, cough, fever, and sore throat.
- Also used in aromatherapy.

CINNAMON BARK OIL



- Stimulates immune system.
- Used to cure colds and nasal congestions.
- Cinnamon oil is high in antioxidant activity.
- Also has antimicrobial properties, which can aid in the preservation of certain foods.

CINNAMON LEAF OIL



- It is germicidal, antiseptic, and antifungal.
- Aromatherapy: It is a physical and emotional stimulant.
- The aroma affects the libido and is known as an aphrodisiac, as well as an antidepressant.

NEEM OIL



- Used mainly in skin diseases and inflammatory conditions.
- Also used during rheumatic disorders.
- Can be used as an insect repellent and insecticide.

CASTOR OIL



- Castor oil is used for skin disorders or skin problems and also for burns, sunburns, skin cuts, and abrasions.
- The oil is also used as a rub or pack for various ailments, including headaches, muscle pains, inflammatory conditions, skin eruptions, lesions, and sinusitis.

Health Food



Virgin Coconut Oil (VCO)

BARAKA Virgin Coconut Oil (VCO) is produced using the fresh, mature kernel of only the highest quality coconuts. Our oil has not undergone any chemical refining, bleaching or deodorizing or any other process which would lead to the alteration of the nature of the oil. Virgin coconut oil is the purest form of coconut oil and has colorless appearance with a mild fresh coconut aroma.

As an edible oil, BARAKA Virgin Coconut Oil is ideal for cooking because of its high heat resistance. Virgin coconut oil is rich in Medium Chain Triglycerides (MCT) & with many unique health properties which distinguish virgin coconut oil from the saturated fats found in meat and vegetable oils. MCT's promote good health and have many amazing health benefits.

Key Benefits

- Cold Pressed
- Medium Chain Triglycerides
- Rich in Lauric Acid
- Cholesterol free
- Naturally sugar free
- Anti-bacterial
- Anti-fungal
- Anti-inflammatory
- Energy boosting
- Flavour enhancing
- No additives
- No preservatives



BARAKA also offers Organic Virgin Coconut Oil and Virgin Coconut Oil in softgel capsule form. The regular and organic VCO are presented in consumer packs which are glass jars/ bottles and plastic tubs ranging from 200 ml – 1 liter. Also in bulk packaging of 5 kg cans / pales to 1000 kg totes.

Virgin Coconut oil is one of the few foods that can be classified as a “super food.” Its unique combination of fatty acids can have profound positive effects on health. This includes fat loss, better brain function and various other health benefits

Health benefits of Virgin Coconut Oil

- According to researches, this oil has medium-chain fatty acids which heighten metabolism and energy, thus stimulating the thyroid.
- Virgin coconut oil strengthens the immune system because of its lauric acid content.
- Virgin coconut oil also nourishes the brain, according to studies which show how consuming it enhances cognitive function.
- Coconut oil can also positively affect our hormones.
- Coconut oil lowers cholesterol.



Flavored Baraka Virgin Coconut Oil

Cardamom flavored virgin coconut oil

Baraka Virgin coconut oil is flavored with cardamom oil to thrill taste buds to bring a memorable culinary experience. Combinations of two distinct oils fuse a desired flavor to the food than a dried spice that only releases a fraction of its flavoring agents. Cardamom oil is rich in aromatics as well as curative properties and exemplary herb for cooking, sautéing and frying.

Cinnamon flavored virgin coconut oil

Baraka Virgin coconut oil flavored with cinnamon oil gives a spicy-sweet and woody aroma and taste to many of Mediterranean, Asian and Middle East cuisine's. The taste of coconut oil with a hint of cinnamon makes the delicacy at its best to remember. Ceylon cinnamon, *Cinnamomum zeylanicum* known as the best in the world and can be used due to its numerous therapeutic and curative properties.

Peppermint flavored virgin coconut oil

Baraka Virgin coconut oil is flavored with peppermint oil, brings a fresh nostalgic and mint aroma that invigorates senses. Cooling and tingling sensation makes it an ultimate massage or bath oil. Recommended for oil pulling that will refresh the breath and maintain oral health. The refreshing aroma energizes the mind and boosts the positivity. Used in smoothies, bakery and confectionary and for topical use.

Oil pulling

Baraka Virgin coconut oil acts as a cleanser that will detoxify the mouth, teeth and gums. The viscosity of the oil inhibits the bacteria adherence, plaque formation and plaque induced gingivitis. Lauric acid presents in the virgin coconut oil exhibit anti-microbial and anti-viral properties. Swishing of virgin coconut oil for 15-20 mins until the oil gets thinner and white followed by spitting is recommended.





Wild & Pure Bee Honey

Baraka Wild & Pure Bee Honey from the forests of Sri Lanka is a natural source of most of the essential nutrients like seven vitamins of the B-complex group, amino acids, enzymes and minerals.

It is an instant energy building food. Unlike processed bee honey, raw bee honey is left in its floral aroma, natural taste and retains its nutritional value.

Helps to increase athletic performance & reduces cough and asthma.

Pure Bee Honey

A variety of indigenous and exotic crop plants in South Africa provides vital forage for South Africa honey bees producing raw honey of unrivaled taste and quality. It is rich in nutrients such as vitamins, (vitamin B6, Thiamin, Riboflavin) minerals (Iron, Zinc, Potassium) and amino acids making it a healthy source for day to day life and for many health conditions. Recommended to use as a spread on bread, waffles, pan cakes, crapes and for baking and confectionery.

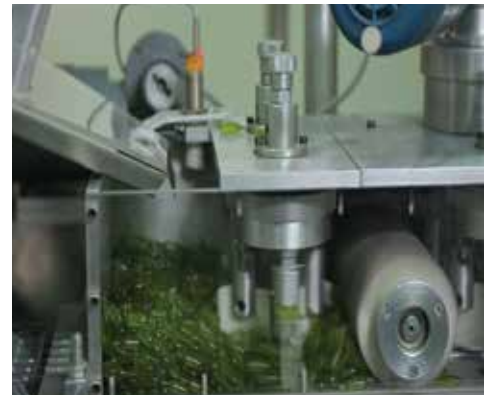


Sesame Oil

Baraka Sesame oil is a 100% pure oil retaining all the nourishing qualities of Sesame. (Also known as gingelly/thala). Our seeds are preselected to give a high grade product. Our seeds are cold pressed with no chemicals or additives, providing a high quality product.

As a cooking oil, it is useful in deep frying due to its high smoke point. Sesame oil is high in polyunsaturated (Omega-6) fatty acids. Sesame is also used as a flavoring enhancer in Chinese, Korean and South Asian cuisines.

Trusted Partner in Contract Manufacturing



AUTOMATED COUNTING AND FILLING



Nigella sativa



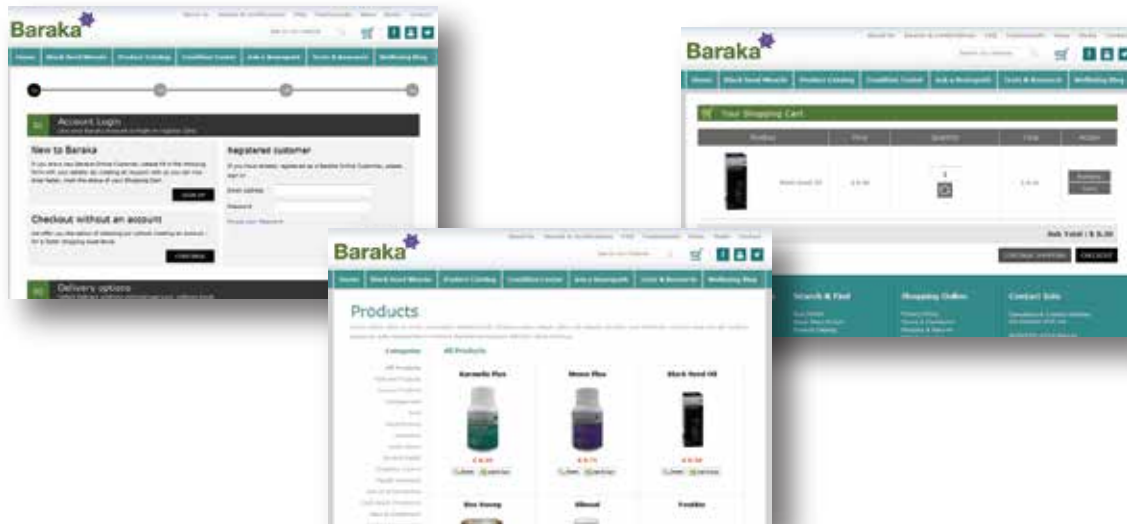
Our Staff



Private Labels



Visit our website www.baraka.lk

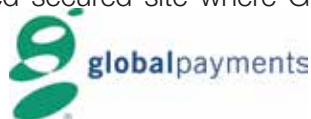


You can now purchase the full range of BARAKA products online from anywhere in the world. We ship to any destination via door to door delivery courier services with our partner couriers;



You just need to select the products, give us your delivery address and pay with your credit card & we will ship it to your doorstep within 7 days.

www.baraka.lk shopping cart is a guaranteed secured site where Global payment gateway is used for credit cards payment transactions.

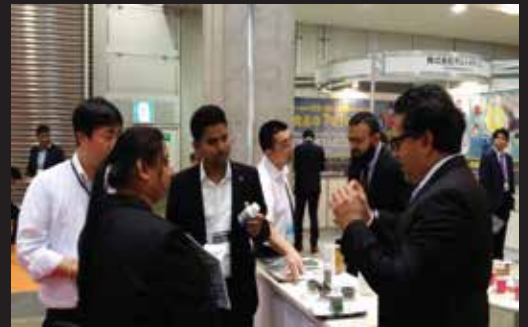


Now buying your supplements and sending them to your dear ones & friends is just a click away with our user friendly shopping cart. For more information, contact info@baraka.lk

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Our Presence at Exhibitions



Food ingredients
Europe



Contract Manufacturing

Bio Extracts manufactures many products under different private labels for customers around the world. The company provides healthcare organizations with contract manufacturing and primary & secondary packaging services. Bio Extracts portfolio of primary packaging methods meet the highest quality and safety standards. We are renowned in the country for our primary packaging which includes;

- Soft Gel Encapsulation
- Tableting
- Automated Counting
- Liquid & Cream Filling
- Hard Gel Encapsulation
- Blister Packing
- Bottling
- Finishing lines

Bio Extracts benefits from over two decades of experience in packing temperature and humidity sensitive products. Our focus is to provide 100% customer satisfaction, reduce product launch time-lines and to accelerate customer's packaging requirements from trial batches through scale up and commercial launch. With Bio Extracts, customers can look forward to the added benefits of:

- Customization to the specific requirements,
- Flexibility in MOQs
- In-house graphic designing capabilities
- Access to a good supplier base for raw material and packing material (cartons / bottles/ printing)
- Separate raw materials and finished goods stores which meet highest industry standards
- Logistics services
- Laboratory services / Issuing of certificate of Analysis, etc.

