

GOLDEN
Garden®



TEAS · HERBALS · EXOTICS



WORLD'S FAVOURITE TEAS

The Golden Garden Tea range brings you the finest selection of teas to cater to connoisseurs across the world. Our master tasters look for the best teas. Each product of Golden Garden Tea has a unique taste to give you the desired experience of a perfect cup. A cup of tea for everyone.



PREMIUM CEYLON

Golden Garden PREMIUM is the ultimate Pure Ceylon Tea. Our master tasters have carefully selected the very best teas from the misty mountains of the world-renowned Dimbula region. Kick-start your day or simply refresh yourself with this aromatic and full-bodied cup of Golden Garden PREMIUM tea. Tastes great with or without milk.



CEYLON CLASSIC

Golden Garden CLASSIC is a master blend that combines all 3 tea growing elevations of Sri Lanka to bring you all varieties of Ceylon tea in one cup. Simply a master stroke. Our master blenders let their imagination run riot in creating this flawless cup of tea. A cup with brisk strength, bright colour and true Ceylon tea character.



CEYLON SELECT

Teas are chosen in small and precise batches for Golden Garden SELECT. The finest leaves from the best tea growing plantations around the world – Ceylon, Assam and Kenya – are brought together for this exquisite cup. This unique combination gives you the perfect blend of a smooth strength, pleasant aroma and bright colour that allows you to have it with or without sugar. To make it that extra bit special, each tea bag of this special blend is individually wrapped for your enjoyment.



CEYLON CHOICE

A blend of rich and flavoursome Ceylon and other origin teas is what makes Golden Garden CHOICE everyone's favourite cup. We all like a good cup of tea with a punch and a quick brew during a busy day – preferably one that is not heavy on the wallet. Golden Garden CHOICE gives you exactly that.



EARL GREY

With a rich history dating back to the 1800's Earl Grey is one of the most sought-after flavoured teas in the world. With great care and precision our master tasters have perfected this ultimate flavoured tea. Immerse yourself in this iconic cup that is subtle and refreshing.

Available in loose leaf tea and pyramid bags.



ENGLISH BREAKFAST

The finest teas are sourced from the Western hills of Ceylon to bring you the perfect breakfast tea. A full bodied tea that is rich in flavour, it is ideal for the morning's first cup alongside your favourite treat. Tastes great with or without milk.

Available in loose leaf tea and pyramid bags.





REGIONAL TEA

From the misty mountains of the central highlands to the warmth of the southern foothills, Ceylon tea is grown in seven regions. From mild and delicate to full-bodied and strong, each region has its own unique taste. Golden Garden regional teas give you the opportunity to immerse yourself in seven exquisite cups of tea.



NUWARA ELIYA

The misty mountains of Nuwara Eliya located over 6,000 feet above sea level produce the lightest and most delicate Ceylon tea.

The fresh air and cool breeze gives every cup a golden hue and fresh aromatic flavour that captures the true essence of the lush green tea fields of the region. An exquisite cup to satisfy the imagination of every tea connoisseur.

Available in loose leaf tea and pyramid bags.



UDA PUSSELLAWA

Graced by two monsoons during the year, the Uda Pussellawa region produces a tea that is exquisitely tangy coupled with a subtle character. This medium-strength tea produces a pinkish hue with a strong flavour for every palette.

Available in loose leaf tea and pyramid bags.



DIMBULLA

The most popular regional Ceylon tea the world over. The high-grown teas of Dimbula located over 4,000 feet above sea level create a golden-orange cup that is the epitome of quality Ceylon tea. A flavoursome tea that is refreshingly smooth.

Available in loose leaf tea and pyramid bags.



UVA

The remote Uva region is famous for its unique, exotic and aromatic character. The tea fields on this mountainous terrain are exposed to dry winds that lack moisture which is believed to create this special flavoursome cup with a fruity note. Once tasted, an Uva tea will never be forgotten.

Available in loose leaf tea and pyramid bags.



KANDY

Located between 2,000 and 4,000 feet above sea level, Ceylon tea was first grown in the Kandy region. These medium grown teas produce a robust, full-bodied cup bursting with flavour. The ideal tea for those who enjoy a strong cup on cold mornings or a pick-me-up during a busy day.

Available in loose leaf tea and pyramid bags.



SABARAGAMUWA

The largest tea growing district in Ceylon, Sabaragamuwa is located at lower elevations yet produces a stylish cup of tea. The hot and humid climate of the region gives its teas a strong and full-bodied taste with a deep scarlet-red cup.

Available in loose leaf tea and pyramid bags.



RUHUNA

Ruhuna is the southern-most tea growing region in Ceylon. The warm climate and low altitude produces tea leaves with a distinct blackness that provides a rich taste and a cup full of vigour.

Available in loose leaf tea and pyramid bags.





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HERBAL TEA

Golden Garden Herbals brings you a range of infusions with ZERO flavours, colours or additives. The 100% natural ingredients used in all products provides maximum health benefits. Unlike other health-based products, our master blenders have ensured each product is an easy-to-drink infusion.



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HERBALS



TRUE CEYLON CINNAMON INFUSION

- Aids in weight loss
- High in anti-oxidants
- Helps lower blood sugar
- Boosts immune system
- Lowers cholesterol levels
- Boosts functioning of the brain



MIRACLE MORINGA INFUSION

- Superfood with numerous health benefits
- Rich in vitamins and minerals
- Helps lower blood sugar
- High in anti-oxidants
- Helps protect the liver
- Lowers cholesterol levels



CALMING CHAMOMILE

- Improves sleep
- Anti-ageing
- Lightens skin
- Reduces stress
- Reduces acne
- Boosts immunity

REFRESHING PEPPERMINT

- Reduces stress
- Aids in weight loss
- Relieves fatigue
- Relaxes muscles
- Freshens breath

HIBISCUS & ROSEHIP

- Helps protect against cancer
- Helps protect the liver
- Assists in lowering blood sugar
- Rich in anti-oxidants
- Anti-inflammatory
- Helps with digestive problems

GINGER GREEN TEA

- Anti-inflammatory
- Improves blood circulation
- Improves digestion
- Strengthens immunity
- Rich in anti-oxidants
- Relieves nausea





ELIXIR ROOIBUS

- Great for bone health
- Rich in calcium - lactose free
- Loaded with anti-oxidants
- High in anti-oxidants
- Great stress reliever
- Boosts immune system



MINTY GREEN TEA

- Relaxing effect
- Aids in weight loss
- Reduces stress
- Improves digestion
- Improves dental health
- Extra refreshing



SLIMMING TEA

- 100% natural ingredients with zero laxatives
- Boosts metabolism
- Rich in anti-oxidants
- Improves digestion
- Refreshing and easy-to-drink

CEYLON SPICE

For black tea lovers who seek added medicinal properties, we've sourced the world's finest Ceylon Black Tea from the misty mountains of Sri Lanka (Ceylon) and combined it with 100% natural Ceylon spices. This power-packed infusion not only tastes great but is rich in anti-oxidants and has numerous medicinal properties which aid the control of blood sugar levels, lowers cholesterol, aids digestion and boosts the immune system. It's great as a pick-me-up tea.



CHOCO MINT

The finest cocoa beans of the world-renowned Criollo variety are carefully sourced from small farmers located in the hills of the Kandy region. Raw and unprocessed cocoa beans are known to lower blood sugar levels. With a dash of natural mint, this exciting infusion created by our master blenders gives you a refreshing drink that is easy to consume. Immerse yourself in the ultimate 100% natural cocoa infusion.





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EXOTICS

Golden Garden Exotics is a range of the most rare and precious teas that are chosen with utmost care by our master tasters. Each product consists of gourmet teas that are produced in limited quantities and packed with love, care and precision. Every cup of Golden Garden Exotics will excite tea connoisseurs the world over.



SECRETS

This gourmet tea is hand-picked one bud at a time from some of the most rare tea bushes in Ceylon. These bushes, hidden from the common eye, grow in an almost unknown part of a high grown tea estate which is said to be planted 150 years ago. Packed with utmost care we present to you SECRETS - how Ceylon tea was really meant to be.

EXOTIC WHITE

These fresh, tender tea buds are individually hand-picked by experts at sunrise. They are then carefully dried in natural sunlight and undergo minimal processing, ensuring the genuine, subtle flavour is maintained in every gram of tea. Only a few hundred kilos of this White Tea - also known as Silver Tips - are produced each year. A true delicacy meant for the select tea connoisseurs.



EXOTIC GOLD

The tender buds of the tea bush are hand-picked by experts at precise times each day before they unfurl with the rise of the sun. The freshly picked buds undergo a 100% hand-made process with patience, precision and care to ensure its smooth taste and mellow flavour is retained. Golden Tea – also known as Golden Tips – is one of the most rare and precious of all Ceylon teas.



OUR STORY

Golden Garden is a product of MEEZAN, a family business spanning over 75 years and 4 generations. We are driven by passion – not just profit. With focus on small batches, we carefully select our teas & herbs and craft them with care. From tasting and selecting to packing and quality assurance, all processes to date come under the careful scrutiny of a member of the MEEZAN family.

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 hello@goldengarden.lk

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